

ROAD RUNNING RESULTS MAR 2024

03/03/2024		High Performance London Half	
268	Tony Johnson	01:32:55	
3005	John Keane	02:58:31	
	<i>First Male:-</i>	<i>01:13:05</i>	
	<i>First Female:-</i>	<i>01:24:02</i>	
Total Runners:-	3,048		
An inspiring half marathon around the QE Olympic park passing the Olympic Stadium, Aquatics Centre, Copper Box Arena, Lee Valley Velopark and the Lee Valley Hockey and Tennis Centre.			

03/03/2024		Paddock Wood Half	
288	Alan Perryman	01:25:22	
479	Paul Bowen	01:32:37	
726	Kirsty Witt	01:40:59	
747	Robert Vince	01:41:46	
844	Santos Diana	01:44:46	
896	Neil Ferebee	01:46:36	
	<i>First Male:-</i>	<i>01:05:40</i>	
	<i>First Female:-</i>	<i>01:15:18</i>	
Total Runners:-	2,044		
The Paddock Wood Half Marathon is a fast, flat and accurate course on roads through the hop gardens and orchards of Kent. A well attended event for Bexley with some awesome times.			

03/03/2024		Cambridge Half Marathon	
16	Thomas Wright	01:07:27	
425	Simon Wells	01:21:21	
4452	Kirsty McEwen	01:49:08	
	<i>First Male:-</i>	<i>01:04:48</i>	
	<i>First Female:-</i>	<i>01:11:41</i>	
Total Runners:-	12,869		
A lovely tour of four university colleges and two Cambridgeshire villages. Also nice and flat for Thomas, Simon and Kirsty.			

16/03/2024		Centurion 100 Hills - 50k	
25	Thomas Wright	04:47:21	
	<i>First Male:-</i>	<i>03:57:20</i>	
	<i>First Female:-</i>	<i>04:32:57</i>	
Total Runners:-	385		
<p>The Hundred Hills 50km is a beautiful trail ultra through the heart of the Chiltern countryside. With a few hills!</p>			

17/03/2024		Canterbury Riverside 10k	
120	Andy Holman	00:57:04	
	<i>First Male:-</i>	<i>00:37:34</i>	
	<i>First Female:-</i>	<i>00:44:37</i>	
Total Runners:-	236		
<p>Canterbury Riverside 10k is one of the most scenic runs around. This traffic-free course along the River Stour links Chartham with the centre of Canterbury and makes it one of the flattest courses you will ever run.</p>			

17/03/2024		The Grizzly	
776	Neil Ferebee	04:50:07	
	<i>First Male:-</i>	<i>02:20:36</i>	
	<i>First Female:-</i>	<i>02:37:25</i>	
Total Runners:-	1,328		
<p>The 36th Grizzly, 'The Good, The Bad and The Grizzly', has been run and won in the muddiest conditions anyone can remember (although the sun belatedly turned up on the day). Well done Neil for that achievement!</p>			

23/03/2024		Orion 15	
31	Simon Wells	01:59:19	
213	Kirsty McEwen	02:53:46	
	<i>First Male:-</i>	<i>01:43:09</i>	
	<i>First Female:-</i>	<i>01:59:36</i>	
Total Runners:-	233		
<p>A mad race around Epping Forest with 500m of elevation and insane amounts of mud!</p>			

24/03/2024		Whitstable Spring Half Marathon	
183	Claire Briner	02:08:53	
	<i>First Male:-</i>	<i>01:24:06</i>	
	<i>First Female:-</i>	<i>01:32:20</i>	
Total Runners:-	242		
Beginning and ending at Hampton Pier in Herne Bay, the out-and-back course is fast and flat, heading along the waterfront and treating runners to amazing views.			

27/03/2024		Chase the Moon - Battersea 5k	
34	Lawrence Gilham	00:19:15	
	<i>First Male:-</i>	<i>00:15:36</i>	
	<i>First Female:-</i>	<i>00:17:11</i>	
Total Runners:-	202		
Battersea Park is one of London's most picturesque parks and has been a favourite course for those wanting to run a PB!			

27/03/2024		Chase the Moon - Battersea 10k	
57	David Hurt	00:41:27	
	<i>First Male:-</i>	<i>00:32:45</i>	
	<i>First Female:-</i>	<i>00:35:05</i>	
Total Runners:-	409		
Same again barman - Battersea Park is one of London's most picturesque parks and has been a favourite course for those wanting to run a PB!			

29/03/2024		Folkstone 10 mile	
184	Kirsty Witt	01:17:29	
359	Gill Stewart	01:28:09	
474	Christina Fleetwood	01:35:38	
	<i>First Male:-</i>	<i>00:53:12</i>	
	<i>First Female:-</i>	<i>01:05:10</i>	
Total Runners:-	685		
The popular 10 mile race enjoys a fast, flat course, mainly on the traffic-free seafront promenade from Hythe to Folkestone and back. Always a sell out event and a popular one annually on the race calendar.			