

ROAD RUNNING RESULTS MAY 2023

01/05/2023		Whitstable 10km	
24	Luc Legon		00:39:00
367	Vicky Ringwood		00:56:40
532	Ray Ringwood		01:02:31
538	Kathy Leaf		01:02:39
602	Nicky Butterworth		01:06:05
705	Claire Briner		01:11:42
744	Barry Leaf		01:14:35
753	Ellie Bilgin		01:15:52
759	Geraldine Legon		01:16:42
781	Alan Doe		01:19:30
785	Joanna Wright		01:20:04
800	Sylvia Jennings		01:27:57
806	Glynis Bright		01:30:32
	<i>First Male:-</i>		<i>00:32:36</i>
	<i>First Female:-</i>		<i>00:38:09</i>
Total Runners:-	814		

A trip to the seaside is always nice, but some good company and a flat, friendly 10km makes it a real day out! Well Done team Bexley!

14/05/2023		Darent Valley 10km	
19	Martin Jenner		00:41:06
26	Andrew Barnshaw		00:42:26
73	Kirsty Witt		00:47:24
90	Santos Diana		00:49:07
128	Gill Stewart		00:53:10
179	Christina Fleetwood		00:57:31
180	Brian Crane		00:57:31
	<i>First Male:-</i>		<i>00:34:58</i>
	<i>First Female:-</i>		<i>00:41:31</i>
Total Runners:-	287		

Certainly not a PB course, but a great show from the Orange army in this local annual race.

14/05/2023		Phoenix Running - Panda Plod	
10	Chris Leighton		06:07:32
	<i>First Male:-</i>		<i>04:28:44</i>
	<i>First Female:-</i>		<i>03:45:53</i>
Total Runners:-	11		

With a trip and a tumble, Chris came off the better and still finished another marathon - albeit with a couple of scrapes as souvenirs.

14/05/2023		Saxon Shore Half Marathon	
7	Alan Perryman	01:26:43	
	<i>First Male:-</i>	01:18:04	
	<i>First Female:-</i>	01:33:09	
Total Runners:-	336		
<p>The majority of the route is along the seafront from Whitstable to Herne Bay and back and in most part is fairly flat and fast. A top 10 finish was an amazing result for Alan</p>			

14/05/2023		AJ Bell Great Bristol Half Marathon	
504	Paul Bowen	01:36:12	
	<i>First Male:-</i>	01:08:55	
	<i>First Female:-</i>	01:17:00	
Total Runners:-	4,732		
<p>The biggest running celebration in the South West of England - taking in some of Bristols iconic landmarks, views, history and graffiti murals. A great time by Paul who is really coming on with reducing his times over distance.</p>			

20/05/2023		Night of the 10,000 PB's	
18	Thomas Wright	00:31:53	
	<i>First Male:-</i>	00:30:52	
	<i>First Female:-</i>	NA	
Total Runners:-	34		
<p>An evening of elites as 8 groups of 34 runners take to the track and fight for their PB! Not wanting to disappoint anyone, Thomas did just that in his heat! New PB with a sub-32 minute 10km!</p>			

21/05/2023		Manchester Half Marathon	
6100	Sylvia Jennings	03:37:48	
	<i>First Male:-</i>	01:06:20	
	<i>First Female:-</i>	01:18:44	
Total Runners:-	TBC		
<p>Flat course around some iconic Manchester landmarks. With music stops every mile it's more like a party with running chucked in! Well done Sylvia coming in 2nd female in her age group.</p>			

21/05/2023		Chislehurst Half Marathon	
21	Alan Perryman	01:29:31	
64	Kieran Butler	01:40:56	
94	Nick Marsden	01:45:58	
203	Brian Crane	02:01:54	
	<i>First Male:-</i>	01:14:37	
	<i>First Female:-</i>	01:31:14	
Total Runners:-			
<p>There's a rich history and a good many hills across the parks and commons of Chislehurst - this race combines the 2! Welcome to Kieran for his first run with Bexley AC.</p>			

28/05/2023		Edinburgh Marathon	
158	Simon Wells	02:56:57	
1844	Alan Wright	03:37:49	
3593	Angela Duffy	04:18:28	
	<i>First Male:-</i>		<i>02:21:34</i>
	<i>First Female:-</i>		<i>02:39:38</i>
Total Runners:-	TBC		
<p>2 PB's here, with Simon and Angela both taking their respective honours. Alan crosses the line for another 2023 marathon, well done to the trio!</p>			

28/05/2023		Edinburgh Half Marathon	
3066	Kirsty McEwen	01:51:15	
	<i>First Male:-</i>		<i>01:05:24</i>
	<i>First Female:-</i>		<i>01:14:48</i>
Total Runners:-	TBC		
<p>A great run by Kirsty carrying the solo Bexley flag in the half marathon.</p>			

28/05/2023		Ride London-Essex 100	
	Chris Gosden	06:45:17	
	Almona Mehmeti	07:05:40	
	Gary Witt	08:29:00	
	<i>First Male:-</i>		
	<i>First Female:-</i>		
Total Runners:-			
<p>We wouldn't normally add cycling events, but as a 1 off due to the fantastic achievement by all, it would be rude not to include these. 100 miles of cycling from London through Essex and back again.</p>			

31/05/2023		Joydens Wood 5km	
55	Gill Stewart	00:27:11	
116	Geraldine Legon	00:42:30	
	<i>First Male:-</i>		<i>00:17:31</i>
	<i>First Female:-</i>		<i>00:21:26</i>
Total Runners:-	118		
<p>The first of the Dartford Road Runners tri-summer series. A challenging 5km route through Joydens Wood.</p>			