

ROAD RUNNING RESULTS APRIL 2023

02/04/2023		Brighton Marathon	
1931	Alan Wright	03:45:18	
2183	Leticia De Melo	03:50:09	
2415	Nick Marsden	03:51:31	
2617	Tony Johnson	03:55:51	
2744	David Hurt	03:53:22	
3508	Beata Kubala-Todd	04:06:20	
4339	Angela Duffy-Smart	04:21:27	
6883	Mel Emmett	05:08:40	
	<i>First Male:-</i>		<i>02:24:05</i>
	<i>First Female:-</i>		<i>02:54:42</i>
Total Runners:-	8,659		

A good Bexley turnout on a new route for this year. Welcoming Leticia to her first coverage of the 26.2 mile distance!

06/04/2023		Adversity Ring Marathon - Phoenix Running	
29	Chris Leighton	06:19:14	
	<i>First Male:-</i>		<i>02:56:17</i>
	<i>First Female:-</i>		<i>04:34:55</i>
Total Runners:-	34		

Half way there! Chris completes his 50th official marathon! Congratulations!!

07/04/2023		Folkestone 10 mile	
59	Alan Perryman	01:05:27	
226	Kirsty Witt	01:17:14	
351	Brian Crane	01:25:08	
413	Gill Stewart	01:29:01	
485	Christina Fleetwood	01:35:31	
522	Gary Witt	01:38:17	
	<i>First Male:-</i>		<i>00:51:40</i>
	<i>First Female:-</i>		<i>00:58:13</i>
Total Runners:-	661		

A very good Friday for those making the trip down to Folkestone. Lovely blue skies and some pre-marathon energies quelled...

17/04/2023		Boston Marathon (USA)	
3736	Simon Wells	02:58:41	
21962	Alan Wright	04:21:24	
	<i>First Male:-</i>	02:05:54	
	<i>First Female:-</i>	02:21:38	
Total Runners:-	30,131		
Wow - an amazing PB for Simon in sub-3 hours. Alan ran as a visual guide to a friend, and completed his 3rd majors marathon within a month!			

14/04/2023		Manchester Marathon	
2365	Martin Jenner	03:15:28	
10806	Tony Johnson	04:15:35	
14112	Christina Fleetwood	04:45:21	
	<i>First Male:-</i>	02:16:27	
	<i>First Female:-</i>	02:31:27	
Total Runners:-	18,216		
Well done Tony for 2nd marathon in April and Christina for her first marathon of the year! Also a course PB for Martin.			

22/04/2023		Sri Chinmoy 10km	
1	Thomas Wright	00:31:33	
	<i>First Male:-</i>	00:31:33	
	<i>First Female:-</i>	00:37:41	
Total Runners:-	122		
Taking a tight fought first place in this flat and fast 10km race within Battersea Park. Well Done Thomas!			

23/04/2023		London Marathon	
13112	Kirsty Witt	03:45:55	
15345	Leticia De Melo	03:52:49	
32987	Brian Crane	04:51:06	
36965	Mel Emmett	05:06:49	
41134	Gary Witt	05:30:08	
	<i>First Male:-</i>	02:01:25	
	<i>First Female:-</i>	02:18:33	
Total Runners:-	53,219		
All that buggy training certainly worked as Kirsty pushed herself to a new PB! Leticia shows consistency with her second marathon just 2 minutes in time difference to the first. Mel and Gary complete their April double, and Brian happily finished his "I'll never run another marathon unless it's London" - Then entered the 2024 ballot!			

29/04/2023		Dubrovnik - Run The Wall	
76	Andy Holman	00:26:17	
	<i>First Male:-</i>	<i>00:12:09</i>	
	<i>First Female:-</i>	<i>00:13:26</i>	
Total Runners:-	80		
<p>A demanding race with 1080 steps, as well as by the slippery ancient stone to test the endurance of even the fittest of runners. On the plus side, they're awarded with a magnificent view running the length of the 2.5km city walls.</p>			

30/04/2023		Dubrovnik Half Marathon	
329	Andy Holman	02:18:15	
	<i>First Male:-</i>	<i>01:12:00</i>	
	<i>First Female:-</i>	<i>01:28:12</i>	
Total Runners:-	749		
<p>Starts and finishes with a long uphill slog followed by a similar length downhill, the rest is pancake flat. Lovely scenic route but tough in the heat and little shade from the sun. The 2 races combined make for a great holiday with some running involved!</p>			

30/04/2023		Flying Scotsman Marathon - SVN	
22	Chris Leighton	05:43:18	
	<i>First Male:-</i>	<i>03:50:22</i>	
	<i>First Female:-</i>	<i>05:15:36</i>	
Total Runners:-	32		
<p>Rounding off the month, we have the inevitable - Chris Leighton running a marathon! #51 on the books and well deserved bank holiday Monday the following day to rest on!</p>			