

# ROAD RUNNING RESULTS MARCH 2023

05/03/2023		The Dartford Half	
18	Simon Wells	01:23:49	
26	Alan Perryman	01:26:33	
87	Paul Bowen	01:39:06	
178	Kirsty Witt	01:47:48	
186	Sean O'Keefe	01:48:21	
187	Ben Howarth	01:48:30	
251	Martin Hicks	01:54:20	
256	Beata Kubala-Todd	01:54:40	
301	Kirsty McEwen	01:59:28	
360	Gary Witt	02:07:13	
362	Gill Stewart	02:07:41	
433	Christina Fleetwood	02:15:30	
	<i>First Male:-</i>		<i>01:11:33</i>
	<i>First Female:-</i>		<i>01:23:12</i>
<b>Total Runners:-</b>	<b>561</b>		
<p>A fantastic event taking in local urban and rural paths and roads - some slightly challenging parts make those amazing times and new PB's even more remarkable.</p>			

05/03/2023		Cambridge Half	
9	Thomas Wright	01:07:27	
	<i>First Male:-</i>		<i>01:05:11</i>
	<i>First Female:-</i>		<i>01:13:49</i>
<b>Total Runners:-</b>	<b>11,402</b>		
<p>A seriously impressive time, in fact a new PB for Thomas aiming to go inside of 70 minutes for the 13.1 mile distance. Top 10 finish from over 11,000 runners.</p>			

05/03/2023		Runthrough - London Half at the Olympic Park	
170	Tony Johnson	01:32:36	
	<i>First Male:-</i>		<i>01:15:45</i>
	<i>First Female:-</i>		<i>01:21:34</i>
<b>Total Runners:-</b>	<b>1,760</b>		
<p>A course map described as a bowl of spaghetti due to it's intricate twists and turns.</p>			

19/03/2023		Rome Marathon
972	Almona Mehmet	04:17:38
	<i>First Male:-</i>	<i>02:07:43</i>
	<i>First Female:-</i>	<i>02:23:02</i>
<b>Total Runners:-</b>	<b>5,424</b>	
<p>The eternal city, and the first marathon for Almona. Quite a windy course but a superb effort for her first time covering 26.2 miles. Well Done Almona.</p>		

26/03/2023		Samphire Hoe - Crispathon
	Christina Fleetwood (20 miles)	03:51:36
	Brian Crane (20 miles)	03:51:37
	Chris Leighton (26.2 miles)	06:11:51
	<i>(marathon) First Male:-</i>	<i>02:54:28</i>
	<i>(marathon) First Female:-</i>	<i>04:32:23</i>
<b>Total Runners:-</b>	<b>64</b>	
<p>6 hours to complete as many laps across this 3 mile course in some pretty awful conditions. Christina and Brian successfully claimed 20 miles, whilst Chris pushed on and ticked off marathon number 49!</p>		

26/03/2023		Whitstable & Herne Bay Spring Half Marathon
25	Kirsty Witt	01:42:57
80	Gary Witt	02:02:00
	<i>First Male:-</i>	<i>01:19:59</i>
	<i>First Female:-</i>	<i>01:37:21</i>
<b>Total Runners:-</b>	<b>148</b>	
<p>With a near perfectly flat route, the weather decided to throw up its own challenges on this cold and wet morning - but that did nothing to stop Kirsty romping home as 3rd female. Amazing Father/Daughter results.</p>		