

# ROAD RUNNING RESULTS - OCTOBER 2022

01/10/2022		Coaster Challenge	
26.2 miles	Paul Dallison	05:06:49	
26.2 miles	Chris Leighton	05:56:41	
20 miles	Tony Warr	03:53:27	
		<i>First Male:-</i>	
		<i>First Female:-</i>	
<b>Total Runners:-</b>		<b>62</b>	

Pick your distance on this 3.1 mile lapped run down in Gravesend with the SVN crew. Unusal award for completing this was a set of 4 coasters rather than a medal!

02/10/2022		Dorney Lake Marathon	
91	Santos Diana	04:03:45	
154	Christina Fleetwood	04:48:01	
206	Hannah Buss	07:29:11	
		<i>First Male:-</i>	
		<i>First Female:-</i>	
<b>Total Runners:-</b>		<b>206</b>	

Dorney Lake was home to the London 2012 Olympic rowing events and gave a stunning back drop to our Bexley trio running their marathons.

02/10/2022		London (& Virtual) Marathon	
14759	Gary Wright	04:08:19	
19316	Kirsty Witt	04:26:44	
21239	Colin Hyde	04:34:22	
866	Santos Diana	04:03:45	
1480	Tony Johnson	04:25:26	
3258	Sue Lawrence	05:20:42	
5597	Scott Bartlett	06:53:01	
5720	Anita Dobson	06:59:59	
6106	Hannah Buss	07:25:34	
		<i>First Male:-</i>	
		<i>First Female:-</i>	
<b>Total Runners:-</b>		<b>40625 ( 8521 )</b>	

Taking on the marathon and facing individual challenges and demons along the way - great achievements throughout our runners.

08/10/2022		Ultra London - Trail 25k	
28	Almona Mehmeti	02:23:30	
		<i>First Male:-</i>	
		<i>First Female:-</i>	
<b>Total Runners:-</b>		<b>188</b>	

Upper Norwood to Richmond (15.75 miles in old money) with over 630 feet on ascent. A really strong performance by one of our newest road runners. Looking forward to see what challenge comes next!

09/10/2022		Petts Wood 10km	
127	Santos Diana	00:47:16	
	<i>First Male:-</i>		00:35:07
	<i>First Female:-</i>		00:39:29
<b>Total Runners:-</b>		<b>748</b>	
<p>A tough course, but I'm guessing it was a walk in the park for Santos just 1 week after his marathon!</p>			

09/10/2022		Palma Marathon	
248	Gary Wright	03:56:03	
	<i>First Male:-</i>		02:27:14
	<i>First Female:-</i>		02:42:50
<b>Total Runners:-</b>		<b>538</b>	
<p>Absolutely smashing it out of the park grabbing a sub-4 just a week after London. Amazing!</p>			

09/10/2022		Royal Parks Half Marathon	
894	Nick Marsden	01:37:23	
1254	David Hurt	01:40:25	
4334	Beata Kubala-Todd	01:57:37	
7002	Mel Emmett	02:11:13	
	<i>First Male:-</i>		01:07:12
	<i>First Female:-</i>		01:19:48
<b>Total Runners:-</b>		<b>12,072</b>	
<p>Taking a break from running the streets of London, this stunning course takes in 4 of the London parks without sacrificing any of the views of London landmarks which you also get across the 13.1 miles.</p>			

09/10/2022		Tonbridge Half Marathon	
421	Andy Holman	02:11:27	
	<i>First Male:-</i>		01:15:18
	<i>First Female:-</i>		01:19:42
<b>Total Runners:-</b>		<b>548</b>	
<p>Our poster boy takes on this local half, known for its challenging hills and stunning scenery through country lanes and the pavements of one of Kent's picturesque towns.</p>			

12/10/2022		QE Olympic Park 5km	
49	Jodie Harvey	00:26:25	
	<i>First Male:-</i>		00:16:20
	<i>First Female:-</i>		00:18:46
<b>Total Runners:-</b>		<b>111</b>	
<p>Under the spotlights of the Olympic Park, racing around some iconic venues whilst the sun sets over London. Well Done Jodie</p>			

16/10/2022		York 10 mile	
538	Kirsty McEwen	01:26:14	
	<i>First Male:-</i>	<i>00:50:57</i>	
	<i>First Female:-</i>	<i>01:00:10</i>	
<b>Total Runners:-</b>	<b>1,927</b>		
A brand new shiny PB for Kirsty! Well Done!			

16/10/2022		York Marathon	
206	Simon Wells	03:08:55	
708	Alan Wright	03:38:36	
	<i>First Male:-</i>	<i>02:22:56</i>	
	<i>First Female:-</i>	<i>02:54:18</i>	
<b>Total Runners:-</b>	<b>3,530</b>		
A couple of amazing times for teacher and student in this one!			

16/10/2022		Great South Run	
22	Thomas Wright	00:52:12	
	<i>First Male:-</i>	<i>00:47:19</i>	
	<i>First Female:-</i>	<i>00:50:41</i>	
<b>Total Runners:-</b>	<b>13,047</b>		
Just 5 minutes away from first place in this highly competitive field of runners. Congrats Thomas!			

22/10/2022		Beachy Head Marathon	
559	Kirsty Witt	05:37:01	
579	Paul Dallison	05:45:45	
668	Angela Best	05:59:44	
779	Pete Basham	06:20:08	
803	Gary Witt	06:18:10	
890	Steve Stewart	06:43:04	
956	Tony Warr	06:55:18	
957	Chris Leighton	06:55:25	
	<i>First Male:-</i>	<i>02:48:29</i>	
	<i>First Female:-</i>	<i>03:35:16</i>	
<b>Total Runners:-</b>	<b>1,198</b>		
Oh my. What a course! Nearly 4,000ft of ascent across the marathon distance and they certainly saved the best for the last 7 miles, across the rolling cliffs known as the 7 sisters. Definitely do it once for the experience.			

<b>30/10/2022</b>	<b>Herfordshire 10km</b>	
104	Almona Mehmeti	00:52:12
	<i>First Male:-</i>	<i>00:37:37</i>
	<i>First Female:-</i>	<i>00:41:01</i>
<b>Total Runners:-</b>	<b>501</b>	

Finishing in the top 20% and 2nd female in her age category. It's been a great month for races for Almona!